

How to Increase Your Psychic Awareness of Spiritual Entities

By Randolph Fabian Directo

Psychic awareness in this context is akin to telepathy wherein we form an extra sensory connection with others across boundaries of space and time. When we have psychic awareness (Psi-A) of other dimensions and realities, we find ourselves in a dream-like state of consciousness.

Psi-A can include feelings of euphoria and revelation like when we find true love or the complete antithesis like the trauma of being in a car crash where everything seems to be in slow motion. This dream-like, altered state can also include intense feelings we have never before experienced, sometimes frightening as well as pleasurable – like riding a roller coaster.

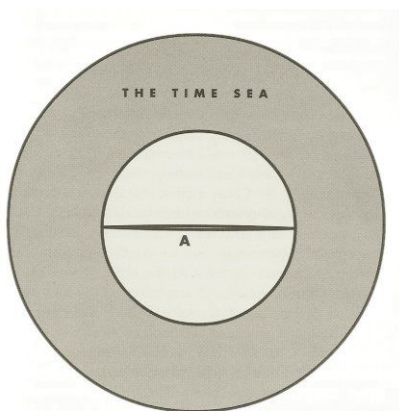
We can also have Psi-A of mass free forces in nature that influence us and our surroundings. Natural forces are highly ordered because they are based in sacred geometry. All of nature is based in sacred geometry or the golden ratio; this includes the way we think and feel. To that end, there are predictable, repetitive patterns in our environment, our social moods and behaviors.¹

The purpose of opening our psychic senses to extra dimensional experiences is to become part of that reality. At the same time, we want to maintain control over these experiences. When we discipline our psychic interface to other dimensions and realities, we maintain control over our present reality.

To help us do that, we need a tool that mirrors our consciousness with the following effects:

- We gain the same neural patterns found within adept meditators.
- We learn to control the way our minds interface with spiritual entities in alternate realities.
- Our greater perception allows us to perceive and channel those alternate realities into our present reality.
- We have greater synchronicity with opportunities not ordinarily experienced.

The figure from Preston Nichols,' The Music of Time,² provides an excellent representation of human consciousness and the way this tool should work:



Representation of Consciousness

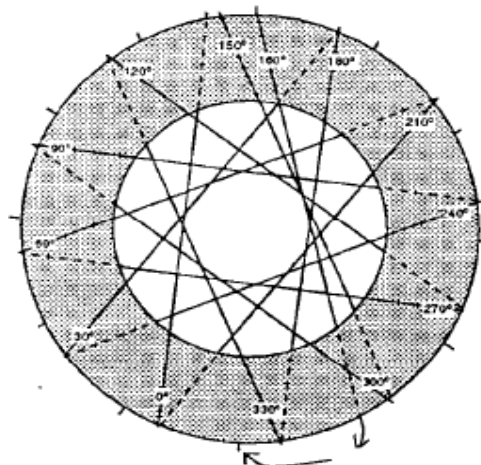
Preston uses this diagram to describe super string theory; it also agrees with his description of the mind and that of Col. Thomas Bearden³ and Edgar Mitchell, Sc.D.⁴

The time sea represents unlimited possibilities, so do our minds on each level. Like white noise, the time sea contains every frequency and function. Like the time sea, the mind contains every possible idea, reality, impulse and desire. The time sea contains every possible reality in every dimension while the mind maintains a connection to each of these potential realities.

Alternate realities come to mind when activated with resonant harmonics. A certain taste, aroma, or touch can activate a memory. A song can conjure images never before imagined as we turn to music for balance and stimulation of dreams.

We also turn to nature to return a balanced reality to our minds. The difference in a Psi-A tool is that it must:

- Create an ambient environment that represents the time sea. To be safe, this environment should be based in golden ratio harmonics because it represents life and creation.
- Introduce a linear concept within this environment that represents “A,” in the above diagram or human experience.
- Induce a resonant imbalance in the linear concept, so it rebounds against the time sea (our minds) in definite phase patterns – like a spirograph.



Representation of Alternate Realities through Phase Shifting

This is a tensor effect which opens our perceptions to alternate realities and the spiritual entities contained therein. Spiritual entities manifest themselves in unlimited ways, but you will know them given the Psi-A. Whether you want to recognize them is another subject.

References:

⁴[Nature's Mind: the Quantum Hologram](#); Edgar Mitchell, Sc.D.

¹The Human Social Experience forms a Fractal; Robert R. Prechter Jr; 2003.

Resources:

²Swan Lake, Ch. 17; The Music of Time; Preston B. Nichols; 2000.

[OceanScape GhostShip, Altered States](#); 60 Minute Meditation CD for inducing Psi-A; HealingMindN.

³[A New View of the Nature of Mind and Thought](#); Col. Thomas Bearden.